Procrastination/ Pre-commitment

Consequences, Milestones and roadblocks you set up to keep yourself on track.

Relatable / Empathy

People relate to people like them. Their empathy for different people is greater when personally identifiable.

Taking action

Action-goal gap / planning fallacy

People don't actually do what they intend to do. People underestimate how long things will take. Taking action

Goal effect

People work harder the closer the goal gets. **Taking action**

Relatable / Empathy



Application:

What is the role of testimonials and making them relatable to your audience? The role of storytelling about the beneficiaries.

Taking action

Procrastination/ Pre-commitment



Application:

People will delay updating a Will. This is demonstrated by the long time prior to death that the last Will is written.

Taking action

Action-goal gap / planning fallacy



Application:

It is common to hear about supporters who have pledged a gift to a charity in their Will but it is ultimately unrealised as the Will is never updated.